

Individual Registration Form

Last Name: _____

First Name: _____

Address: _____

City: _____

State: _____

Phone: _____-_____-_____

Email: _____

DOB: _____

Age on Race Day (May 18, 2008): _____

Gender: M / F

Make Checks Payable to [Alternatives, Inc.](#)

Race Fee: \$30 by mail // \$35 race day

Mail Registration Form and check to:

*Alternatives, Inc.
Attn: Stephanie D.
4730 N. Sheridan Rd.
Chicago, IL 60640*



Questions? Email us at:
race@alternativesyouth.org

Event Sponsors



WWW.SIGNMEUPSPORTS.COM



If you're interested in becoming a sponsor,
please contact **Stephanie Demarest** at

773-506-7474 ext 233 or
sdemarest@alternativesyouth.org



May 18, 2008

8:30 AM



Positive programs
defined, developed
and led by youth.

Alternatives, Inc.
4730 N. Sheridan Rd.
Chicago, IL 60640
(773) 506-7474

www.alternativesyouth.org

USATF Certified 8K Course Professionally Organized & Directed

Just under 5 miles, the Run for Youth course has been USATF certified. This race is an excellent way to test your late spring fitness, challenge yourself to a longer run, and enjoy a morning with your fellow runners.



Alternatives, Inc. is a 37-year-old

youth and family service agency operating primarily in Chicago's north-east communities. Alternatives facilitates personal development, strengthens family relationships and enhances the community's well-being through in-school and after-school programming as well as counseling and family crisis intervention services.

If you are interested in learning more about Alternatives or volunteering, please contact: Stephanie Demarest
773-506-7474 ext 233 or
sdemarest@alternativesyouth.org

Alternatives' services:

Leadership Development- cultivating current and future leaders who have the self-esteem and motivation to make positive contributions to their communities.

Academic Enrichment- giving youth tools, attitudes and behaviors that promote academic success.

Counseling- encouraging youth to make healthy choices, develop healthy relationships with family members, peers and neighbors, and acquire valuable skills that support productive lifestyles.

Violence & Substance Abuse Prevention- helping youth develop decision-making skills and connecting them with community resources that help stop violence and substance abuse in our schools and neighborhoods. Engaging youth to explore their talents in dance, circus, and computer arts.

Positive programs defined, developed and led by youth.



Career and Employment Services - Alternatives' Career and Employment Services program assists young people in the Edgewater, Rogers Park and Uptown communities to prepare for, obtain and retain employment and post-secondary training, as they also begin to target career goals that will move them beyond entry-level jobs.

8K Run for Youth ALTERNATIVES, INC.

Waiver of Liability

In consideration of the acceptance of my registration for the 8K Run for Youth, I hereby waive, release and discharge any and all claims for damages or death, personal injury or property damage which I may have, or which may hereafter accrue to me, as a result of my participation in said event. This release is intended to discharge in advance the promoting club, sponsors, and any involved municipalities or other public entities (and their respective agents and employees) from and against any and all liabilities arising out of or connected in any way with my participation in said event, even though that liability may arise out of negligence or carelessness on the part of the persons or entities mentioned above. It is further understood and agreed that this waiver release and assumption of risk is going to be binding on my heirs and assigns.

Signature of Participant:

Printed Name:

Signature of Parent or Guardian

If Participant is under 18:

Date: